

# That healing feeling

The geko® device doubles the rate of healing in venous leg ulcers versus compression alone

Reduces pain fast  
Accelerates healing  
Better quality of life

Now available  
on prescription



Feel like yourself again

**geko**®  
wound therapy



# What are venous leg ulcers?

Venous leg ulcers are a type of wound found between your knee and ankle. Leg ulcers typically happen when there is a problem with the blood flow in your leg. Most leg ulcers heal within three or four months, but some may take much longer.

Leg ulcers affect many people in the UK but you are more at risk if you:



Have difficulty walking due to medical conditions and/or leg injury



Have a family history of leg ulcers



Have previously had deep vein thrombosis



Are aged 60 or over

If you have any questions or concerns speak to your healthcare professional

# How are venous leg ulcers treated?

The goal of treatment is to improve the flow of blood in your leg. Compression bandages are the most effective way of treating leg ulcers. They encourage blood flow, which helps ease pain and swelling.



It is important to follow the treatment plan given to you by your healthcare professional



For leg ulcers taking a long time to heal, you may need additional treatment



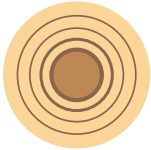
The geko® device can be used alongside compression bandaging to help speed up your healing process



# What is the geko<sup>®</sup> device and why have I been recommended it?



The geko device is the size of a wristwatch and is worn just below your knee



It works by releasing painless, gentle electrical pulses every second that move the muscles in your leg



The pulses cause your muscles to pump blood around your leg



**Increasing blood flow to your leg ulcer helps it heal faster**



It is still important to continue using compression bandaging as advised by your healthcare professional while using the geko device



You will be given a patient diary to help keep on top of your treatment plan



**You will be shown how to use the geko device and how long you are likely to need it for**

# What could the geko<sup>®</sup> device do for me?

The geko device can speed up healing, helping you get back to normal life



The device has no wires or leads so you can continue to be mobile in your daily life



Most people can fit and use the device themselves with little help



Being able to feel the device working can help you feel more in control of your treatment



*You could feel when it was in the position it needed to be in...if it's in the right spot it's like a warm wave down the leg*

Patient



*Now I am so pleased that the wound has closed far enough that I can return to my volunteer role*

Patient



# How can I get the most out of the geko<sup>®</sup> device?

It is important to follow a good skincare regime to ensure your skin is in good condition while using the geko device



Gently clean and dry your skin before the geko device is fitted to your leg



After removing the geko device, gently clean, dry and moisturise your skin before going to bed



Check your skin for any sore spots or irritations before re-applying the geko device. If you experience any skin irritations, let your healthcare professional know



***...you couldn't quite see Mum's leg ulcer healing, but it has definitely improved since using the geko device. Sometimes she forgets it's even there!***

**Caregiver**



# What to remember



Venous leg ulcers are wounds caused when there is a problem with the blood flow in your leg



Compression therapy is very important but sometimes additional treatments are needed to help leg ulcers heal



The geko® device is worn just below the knee and releases gentle electrical pulses to increase blood flow in your leg



The geko device can be used alongside compression bandaging to help your leg ulcer heal faster



This is an educational item for patients who have been recommended the geko® device. Produced and funded by Firstkind.

Please refer to the Instructions For Use (IFU) for further details on fitting and warnings.

| Product Name               | Qty | Firstkind Product Order Number | Pack GTIN     | NHSSC Ordering Code | PIP Code |
|----------------------------|-----|--------------------------------|---------------|---------------------|----------|
| geko® wound therapy device | 7   | W3RW01-07                      | 5060294771524 | ELZ85067            | 4260741  |

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